

Direct primary care (DPC) is a cost-saving alternative employers use to provide their employees with access to primary care:

- **How it works**

Employers can contract with Proven Medical to offer employees unlimited care for a flat monthly fee.

- **DPC Benefits for Employers:**

- Proven Medical membership fees may be lower than insurance premiums.
- Employees who can see a trusted doctor when they need care tend to use the services, decreasing urgent care and emergency room visits and, ultimately, the number of insurance claims.
- Coupling direct primary care services with a high deductible insurance plan will reduce the company's health insurance cost.

The article "Direct Primary Care: A Successful Financial Model for the Clinical Practice of Lifestyle Medicine," published online 2021 April 15 in [The American Journal of Lifestyle Medicine](#), cited the following benefits of a direct primary care clinic:

"DPC offices cover more than 85% of most health care needs, with no deductible, no coinsurance costs, and no claims. This is advantageously done with upfront and inclusive pricing. Coupling a DPC plan with an HDHP [high deductible health plan] saves on average 20% to 30%.

For patients without insurance, the savings from 1 urgent care or emergency room visit can cover the entire cost of 1 year with a DPC practice. Additional savings can come from access to wholesale pricing on labs, radiology, and some procedures."

Contact Proven Medical via email at [dray@proven.llc](mailto:dray@proven.llc) to schedule a small business consultation.